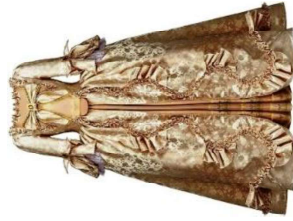


# Coming to Peterborough in February History of Fashion

Wednesday 5<sup>th</sup> February



Fashion is an ever-changing industry that has been a crucial part of human culture for centuries. From the clothing of ancient civilizations to the latest runway trends, fashion has evolved and adapted to reflect the values and beliefs of each era.

In my illustrated talk with examples on display, we will take a look at the origins and evolution of fashion, exploring how it has been shaped by cultural, economic, and social factors throughout history. Join me, June Bull on a journey through time as we uncover the fascinating history of fashion and its enduring impact on our world today. I will be dressed suitably from a period in history.

Come along to Milton Golf Club, Peterborough PE6 7AG for 7.30pm.

# Coming to Ipswich in February “Felixstowe Flying Boats” Wednesday 12<sup>th</sup> February



Join the Ipswich Group at Kesgrave Community Centre, Kesgrave, Ipswich, Suffolk IP5 1JF, for a talk on Felixstowe's interwar flying boat and seaplane history.

Between the wars, Felixstowe was the place where all flying boats, seaplanes and similar aircraft were tested and approved. It therefore has a fascinating history to be told, and for our clubnight we will have local speaker Chris Turland to tell us about it.

Tea and Coffee will be available after the talk.

**All Welcome**



# boundless BY CSMA February 2025 Edition Norwich Group Newsletter

## The A-Z of Curious Norfolk Thursday 13<sup>th</sup> February

Join the Norwich Group for a talk by Sarah Doig. Norfolk's spectacular coastline, quaint villages, historic houses, bustling market towns and meandering rivers all provide the perfect backdrop for some of the most curious tales from across the centuries. The talk will take us through some of the tales in her entertaining presentation.



## We look forward to seeing you there. Memories of 1950s Norwich Thursday 13<sup>th</sup> March

We would like to invite you to join us in discovering the history of Norwich. An enlightening afternoon as we delve into the fascinating story of Norwich in the 1950s, led by our guides Michael & Frances Holmes of Norwich Heritage Projects, their talk promises to transport you through time.



Our venue enhances the experience with delicious meals and refreshments available before and after the talk, making it the perfect opportunity to enjoy great food and great company.

Don't miss this intriguing journey into Norwich's past!

The event is free to attend but you have to buy your own food and drink.

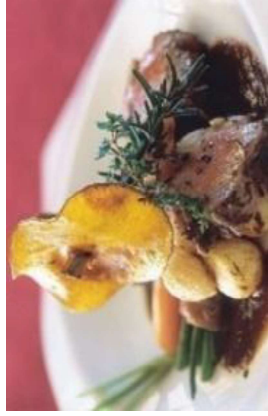
**We look forward to seeing you there.**

The opinions and recommendations in this newsletter are those of the individual contributors and not necessarily those of Boundless by CSMA, the editor or the Norwich Group

# Filby Bridge Spring Lunch

## Thursday 27<sup>th</sup> March

Filby Bridge Restaurant, Main Road, Great Yarmouth NR29 3AA



We invite you to join us at the Filby Bridge Restaurant for our first meal of 2025. The menu and booking details are opposite. Price TBA. Any special dietary requirements can be discussed directly with the restaurant on 01493 368142, but please mention them on the completed order form

**We look forward to seeing you there.**

## Dunwich Heath talk

### Thursday 10<sup>th</sup> April

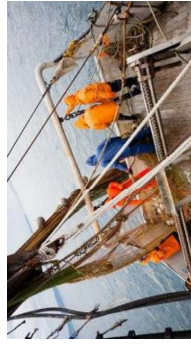
We present a talk by historian Richard Symes on the fascinating history of Dunwich Heath.

Dunwich Heath is a pretty isolated spot on the Suffolk coast - it is pretty and well away from anywhere - but it has a fascinating history. Local historian Richard Symes has made a detailed study of the place and even written a book on the subject.

Come and hear what he has to say about this intriguing location. Refreshment will be available to purchase after the talk.

**All welcome.**

## “The Fishermen’s Mission”



### Thursday 8<sup>th</sup> May

Malcolm is our local representative and will give us the full story of the organisation and the help it provides. Come and hear about one of the hardest jobs going.

## Quiz Time?

### East Coast Quiz

1. What is the name of the official Suffolk County flower.....
2. Name the activities pertinent to the following three words.....
  - a. Sheet, halyard, tiller.....
  - b. Float, hawk, thistle.....
  - c. Skillet, rosemary, curdle.....
3. What animal is a flittermouse in old Suffolk.....
4. How long is Orford Ness.....
5. What is the difference between a gaggle and a skein (pronounced skayne) of geese.....
6. A Lowestoft Herring Girl could gut how many herring in a minute on average? .... 10, 20, 40 or 80.....
7. What year did the great storm at Dunwich occur.....
8. How many churches in Dunwich were recorded in the The Domesday in 1086.....
9. What was the estimated population of Dunwich in 1086.....
10. How many islands are there in Suffolk.....

### Answers to **The Fish Quiz**

1. What can amphibious fish do? ..... **Breath on land**
2. What is the only fish that can blink? ..... **Shark**
3. Name one of the fastest fish? ..... **Marlin or Sailfish**
4. What is the biggest fish on the planet? ..... **Whale Shark**
5. Fish scales can be found in most brands of which cosmetic? ..... **Lipstick**
6. On average, how many metres high can a flying fish reach? ..... **6m**
7. Eels are the only type of fish that can do what? ..... **Swim backwards**
8. What are the only fish that can swim upright? ..... **Seahorse**
9. Which fish, known as “Fugu” are poisonous to humans if not prepared correctly? ..... **Puffer fish/Blow fish**
10. Which fish has a name that means “Holy Flatfish” because it was only eaten on a holy day? ..... **Halibut**

Pleiades and The Andromeda Galaxy. It was at this point the wind got up and blew my camera and tripod over on to the hard standing. Luckily nothing was broken, but I was reticent to leave it again to look through the telescopes.

At last it was dark enough to try some Milky Way shots. Obviously one of the guides noticed, and started brandishing a laser pointer right across my field of view.

It didn't take long for me to get fed up as the light pollution was really bad, and the seeing wasn't that great anyway. Luckily everyone else got fed up too, especially with the lack of promised toilet facilities. We all trooped back on the coach and got back to the ship an hour earlier than expected. Unfortunately a wasted opportunity.

## ***Our Travel Correspondent Paul Whiting***

### **“Exploration of East Anglia by Bus Pass”**



Most of us have our own bus pass (or at least know of someone who has one), but how often do we use it? If we do, it is usually for a trip to town if car parking is going to be terrible or expensive, or when we are away on holiday without a car. However, Pip explained how he made use of his to go exploring across the counties of East Anglia. The passes can only be used for travel on “Local Services”, but this can include going from your start point to another relatively central point, where one can use another service to get to places quite a long way from one's starting point. And all for free!!

Although most of his trips were based on Suffolk towns (where Pip is based) he did mention some of the longer trips available in Norfolk, such as the service to King's Lynn which follows the road along the North Norfolk coast. He also noted that the bus stations are located centrally, unlike most railway stations so you can explore your destinations without having to walk miles. Also, they are handy for the cafe's and cake shops which seemed to feature in his trips.

## ***Your Scribe of Ipswich***

<b>Menu</b>	<b>Selection</b>
Breaded Mushrooms with Garlic dip	
Deep fried Camembert with cranberry sauce	
Prawn Cocktail	
Homemade Steak & Ale suet pudding	
Grilled Haddock with chips and peas	
Fried Haddock with chips and peas	
Roast Chicken	
Braised Steak & Onions in red wine gravy	
Homemade vegetable Lasagna Chips & Peas	
Homemade Apple crumble & custard	
Homemade Lemon Cheesecake	
Eaton Mess	
Warmed Chocolate Fudge cake	
Followed by tea/coffee	
<b>Name:</b>	
<b>Address:</b>	
<b>Meals are - 2 courses @ TBA; 3 courses @ TBA</b>	
<b>Payment of £..... enclosed - 2-course &amp;..... 3-course meals</b>	

All meals must be pre-ordered & paid for by **Wednesday 19<sup>th</sup> March**  
Please make cheques payable to **“C S M A Ipswich Group”**

Or BACS sort code 09-01-52 account number 01676508  
And send to

[\*\*norwichgroup@boundlesscommunity.co.uk\*\*](mailto:norwichgroup@boundlesscommunity.co.uk)

Post Bob Thomas, 1 St Mary's Close, Trimley St Mary, Felixstowe, IP11 0TY

## Communications

For up-to-date information on forthcoming Norwich Group events,

see: - **The latest edition of your newsletter.**

**Our home page at - [boundless.co.uk/norwich](https://boundless.co.uk/norwich)**

**Call Leader Mike Holmes on 01508 558312  
email [mike.holmes377@outlook.com](mailto:mike.holmes377@outlook.com)**

**Please send change of address details & articles for  
inclusion in the next edition to Mike Holmes  
by Monday 10<sup>th</sup> February 2025.**

We respect your privacy and if you no longer wish to receive this newsletter, please let us know by email to [norwichgroup@boundlesscommunity.co.uk](mailto:norwichgroup@boundlesscommunity.co.uk)

**unless stated otherwise Club events begin at 2pm in  
the meeting room at**

**“The Sugar Beat” bar and restaurant, Norwich Rd  
Swainsthorpe Norwich NR14 8PU.**

**You can have lunch in the restaurant before our event.**

### Would you believe it!

Did you know that the plastic tips of shoelaces have a name. They're called AGLETS.

Do you know where the largest private garden in London is? It's at Buckingham Palace.

### **Please NOTE: -**

The East Lancashire railway two for one promotion for Boundless members **is no longer available.**

## A Star Gazing Opportunity

Whilst on a recent cruise to the Canary Islands, I noticed that there was a stargazing option at an observatory in La Palma. I immediately jumped at the chance to visit one of the leading observatories in the world and perhaps look through the Isaac Newton or William Herschel telescopes there.

Alas on further reading it appeared that we were going to visit a public observatory with much more modest telescopes. It did, however, promise a high viewing area above the clouds, with excellent seeing conditions.

The evening was scheduled to be from 18:00 to 22:30, back in time for the ship to depart. About thirty intrepid star gazers boarded a coach with two guides, and we set off. We were told it was about a 45 minutes to an hour journey to the site, with a convenience stop en route. Thirty minutes later we arrived at what we thought was a lloo stop, but no, this was to be our observing site. The car park to a crater's visitor centre. Apparently, it was cloudy at the original intended site. One of the ten cloudy nights they have per year. Still, the car park was at a reasonably high location.

The guides pulled out 2 twelve-inch Celestron telescopes and set them up. All was looking good. Venus was shining brightly in the south-west and Jupiter in the east. The Sun had just set. I intended to take some wide-angled shots of the dark-sky Milky Way in order to make a movie of its motion across the heavens. I had set up my camera on its tripod and we were all waiting for it to get properly dark.

Just at that moment the single street light, that no-one had noticed, came on. It was perfectly placed above the two telescopes and my camera. So, we all had to move behind the coach to try to get in the shadow cast by the vehicle. It was at that point we noticed the glow coming from a village just up the road, when all its street lamps, plus expansive Christmas lighting, came on. The sky really lit up. So much for the legislation we were told about by the guides, that forbade anything other than downward lighting.

Meanwhile the guides were carrying on regardless, showing ooh and aah-ing guests Venus, Jupiter, Saturn, The Orion Nebula, The